

Are you eligible for the influenza vaccination this year?

If you fit into one of the criteria listed below then please take a timed flu appointment card for the flu clinic you wish to attend.

- All those aged 50 and over
- All those aged 6 months or older in a clinical risk group

What are the clinical risk groups?

Patients with the following conditions fall within a clinical risk group:

- **Chronic Respiratory Disease** (E.g. Asthma, Emphysema and Cystic Fibrosis)
- **Chronic Obstructive Pulmonary Disease** (COPD)
- **Chronic Heart Disease** (E.g. Chronic Heart Failure and Ischaemic Heart Disease)
- **Chronic Kidney Disease** (E.g. Kidney transplant patients and Chronic Kidney Failure)
- **Chronic Liver Disease** (E.g. Cirrhosis and Chronic Hepatitis)
- **Chronic Neurological Disease** (E.g. Multiple Sclerosis, Cerebral Palsy, Stroke patients and any other degenerative disease of the nervous system or muscles)
- **Diabetes**
- **A Learning Disability**
- Conditions or current treatments that **compromise your immune system**. These include:
 - Patient undergoing chemotherapy
 - Patients who have undergone a splenectomy or have splenic dysfunction
 - Patients on long term systemic steroid treatment who take more than 20mg per day (prednisolone or equivalent).
 - Patients with HIV
- **Pregnant women**
- Patients in long stay **nursing or residential homes**
- **Unpaid carers** (professional health and social care workers should have their vaccination organised by their employer)

The examples of conditions that fall within each risk group are not exhaustive.

If you are unsure whether you are eligible for the influenza vaccination, or have any other queries please ask at the reception desk.